

# Tortilla Pinwheels

*This is such a fun appetizer recipe to make. It's quick and easy and everyone will eat them up at your party or holiday event. The great thing about Tortilla Pinwheels is you can add different ingredients each time to change up this recipe a bit.*

Recipe Type: Appetizer, Diabetic, Low Fat, Snack, Vegetarian

Degree of Difficulty: Easy

## Ingredients

- 1 Tbs fat-free cream cheese
- 2 Tbs shredded reduced-fat Cheddar cheese
- 2 Tbs mild salsa
- 1 Tbs chopped green onion tops
- 1/8 tsp chili powder
- 1 Whole Wheat Tortilla



## Directions

- 1 Stir together the cream cheese and cheddar cheese in a small bowl using a fork.
- 2 Add the salsa, green onions and chili powder and stir until ingredients are well blended.
- 3 Spread the mixture evenly on the whole wheat tortilla shells.
- 4 Roll up tightly and cut off the two ends.
- 5 Cut the tortilla into 4 even pieces and serve.

## Nutrition Facts

Nutrition (per serving): 93 calories, 1.9g total fat, <1g saturated fat, 3.2mg cholesterol, 382mg sodium, 12.5g carbohydrates, 1.9g fiber, 1.9g sugar, 5.8g protein.

Servings: 2

Yield: 4 Pinwheels

## Weight Watchers Points

Orig. WW Pts: 2

Points Plus: 2

Smart Points: 2

FreeStyle Smart Points: 2