Quiche Lorraine

This easy, elegant quiche makes a delicious breakfast, brunch, lunch or dinner served with a fresh fruit salad. Quiche Lorraine can be prepared 2-4 hours in advance of baking; chill until ready to bake.

Recipe Type: Breakfast, Brunch

Degree of Difficulty: Easy

Ingredients

unbaked 9-inch (4 cup volume) deep-dish pie shell
slices bacon, chopped
cup chopped onion
½ cups (6 ounces) shredded Swiss cheese
½ cups (12 fluid-ounce can) NESTLE CARNATION Evaporated Milk
large eggs, well beaten
tsp salt
tsp ground black pepper
tsp ground nutmeg



Directions

- 1 Preheat oven to 350° F.
- 2 Cook bacon in large skillet over medium heat.
- 3 When bacon starts to turn brown, add onions.
- 4 Cook until bacon is crisp; drain.
- 5 Sprinkle cheese into bottom of pie shell.
- 6 Top with bacon mixture, crumbling bacon into smaller pieces.
- 7 Combine evaporated milk, eggs, salt, pepper and nutmeg in small bowl until well blended.
- 8 Pour into pie shell.
- 9 Bake for 30 to 35 minutes or until knife, inserted halfway near center, comes out clean.
- 10 Cool for 5 minutes on cooling rack.
- 11 Cut into 8 slices and serve.

Cooking Times

Preparation Time: 10 minutes Cooking Time: 50 minutes Total Time: 1 hour

Nutrition Facts

Nutrition (per serving): 400 calories, 29.8g total fat, 12.9g saturated fat, 125.6mg cholesterol, 507.3mg sodium, 16g carbohydrates, <1g fiber, 5.6g sugar, 16.8g protein.

Servings: 8

Weight Watchers Points

Note: The eggs and onions were not used to calculate the FreeStyle SmartPoints.

Orig. WW Pts: 11 Points Plus: 11 Smart Points: 15 FreeStyle Smart Points: 14 Source: Neste Web Page: www.verybestbaking.com